



Finding your **Gaps**
Building on your **Strengths**
Growing your **Business**



Customise your own business coaching package to what you and your business need.

Sometimes all we need is a highly skilled, caring Master Coach to help us break through our inner obstacles, harness our inner talents and move forward with inspired strength.

I bring extensive HR and Training Manager experience, ICF ACTP Master Coach Certification, ACC and an extensive toolbox of processes to the table. This means I'm able to custom build each coaching session exactly to help you where you are today, from overcoming decision fatigue, to finding ways to delegate so you can focus on what matters most.

Today's world asks us to do more with less time and fewer resources. Top athletes get top coaches to help them cope with big match mindsets and strategies to play at their best, that's what I co-create with my clients.

I work with individuals, executives, leaders and teams who are inspired to make positive change, who need a coaching partner to help them get there.

Beyond ICF credentialled skills, I coach, facilitate and train:

- Enneagram Personality Typing & Growth sessions (for individuals and teams).
- Tough Conversations Skills.
- Agility Mindset, so that you can stay focused, flexible and successful.
- Making Meetings work – increase productivity and half meeting time.
- Stress busting resilience methods.
- Work life balance.
- Effective Delegation.
- Decision Making and Problem Solving.
- Effective Goal Setting together with Action Plans and Accountability.
- Leadership Coaching – consciously developing your competencies and talents to be a more effective leader.

“The top benefit of coaching is being able to see and understand my blind spots, but similarly being able to understand the same of the people who report to me.

Spiral Coaching did Enneagram testing with all our staff and knowing who they are and what makes them “tick” has assisted me in getting the best from them in the work environment.

That's gold! “

Wayne Mostert, Authorised Principal, Sanlam – Blue Star

Contact me for a free 30 minute consultation session so that we can customize your coaching journey.



Zuleika Kucera

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Business Coaching

Whether it's your 1st or 10th business—your ability to create products/services and convert sales are critical.

Creating new business offerings can be rewarding or an expensive nightmare.

Without an easy-to-sell profitable business offering that make our clients happy, we don't have a business. Only after your offering is PROVEN through consistent profitable sales and happy clients, can you afford to stop having CLIENT CONVERTING CONVERSATIONS.

After proving that you have a viable business offering, it's time to expand this success with marketing.

Social and Website building can be game-changing or a black hole of wasted time and money.

Take what you have learned in your Converting Conversations, and use our step by step process, so that your sales pages are having conversations with clients for you, even while you sleep.

Lead magnets only work when they are well thought out, well designed, and provide real solutions for your clients.

Perhaps you have all of the above planned out, but you are experiencing stumbling blocks and struggling to keep yourself on track. Together we will look at each obstacle you may be experiencing and find a way through.

Personality can also get in the way of productivity. When you understanding yourself, your team and your clients better your business can be more productive and profitable.

Whatever your need is, together we will customise a business coaching package that will meet your professional and business needs.

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Investment

CUSTOMISING YOUR JOURNEY



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Initial Consultation Free

4 Session Package R 4 825

8 Session Package R 8 485

Business Builder / Dream Builder from R 10 085

Manager/Leader as Coach from R 5 160

Monthly Retainer: 60 min session/s from R 985 p/m

Monthly Retainer: 90 min session/s from R 1 478 p/m

Team Coaching & Training Sessions from R 985 p/h

Online coaching, in person session available at an additional cost per session.
4 and 8 session packages include Online Enneagram Typing

If you have any questions, please do not hesitate to contact me on the details below.



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